

Julie Bee



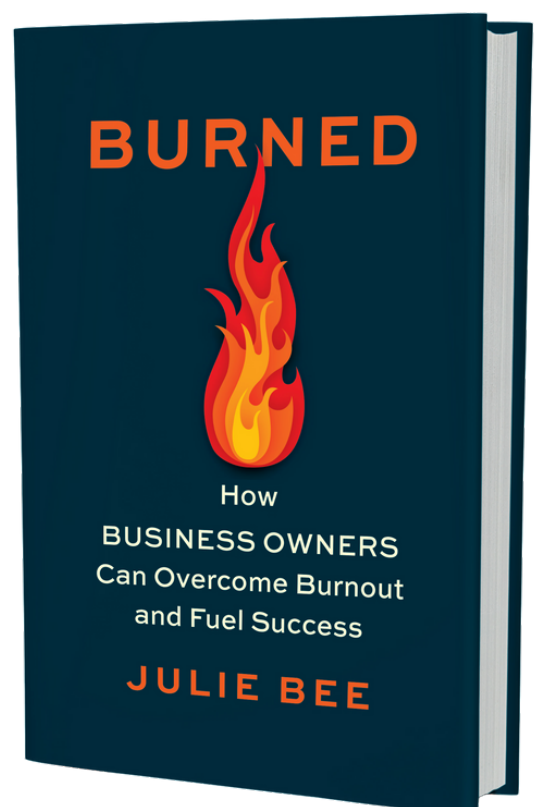
Julie Bee is the business owner burnout strategist. She's been dubbed the "small business fixer" by her clients and peers. With over 15 years in the entrepreneurial field, Julie has solidified her reputation as a dynamic consultant, a riveting speaker, and a leader who sheds light on the darker side of entrepreneurship. Having been celebrated by Fast Company and Forbes, her insights are in high demand across the industry.

BURNED

A step-by-step, practical guide for business owners and leaders to overcome, prevent, and leverage burnout in ways that fuel their growth and success. Burnout is an epidemic in the business owner community, and the guidance to overcome it by taking a vacation, getting more exercise, and incorporating meditation into their days isn't the advice they need. They need a system and process to work with burnout and prevent it.

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Contact: thejuliebee.com



Book Julie for Speaking Engagements

Julie is available to deliver keynote speeches and workshops on topics that include burnout, entrepreneurship, and leadership.

FUEL Framework: Stop Putting Out Fires and Fuel Growth Instead	Julie shares the four-step FUEL Framework and how entrepreneurs, business owners, and leaders can gain and maintain momentum, no matter how busy they are. Keep the main thing, the main thing. Key takeaways: FUEL Framework Steps; Identifying False Fires; The Visionary's Dilemma; Accountability
BURNED Blueprint: Thriving Through Burnout	Julie discusses the six-step BURNED Blueprint to help business owners, entrepreneurs, and leaders not only survive burnout, but thrive throughout the process. Key takeaways: BURNED Blueprint Steps; Why We Burnout; How to Overcome and Prevent Burnout
It Doesn't Have to be Lonely at the Top	Every entrepreneur struggles with loneliness from time to time. When there's no boss to turn to, what do you do? In this talk, Julie addresses this to help leaders feel supported in the good times and the bad. Key Takeaways: Three Key Support Groups; Choosing Your Support Team; How to Let Go (Delegate).
Seven Leadership Sins & How to Overcome Them	Almost every leader struggles with at least one of these "sins". In this talk, Julie shares her own personal stories about her own struggles, how to identify these traits in yourself, and how to change course to become a better leader. Key takeaways: The Seven Leadership Sins; Why It's Important to Address; How to Address Them with Team; How You Can Change.

Julie will customize her talk based on your organization's event, needs, and time frame. She is also available to serve as emcee or panelist.

Please go to thejuliebee.com/contact to reach out.